

# WATER SAFETY

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Presented by:

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# OVERVIEW

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- INTRODUCTION
- SWIMMING
- PERSONAL FLOTATION DEVICE (PFD)
- BOATING SAFETY
- SAFETY PRECAUTIONS
- SUMMARY
- QUESTIONS

# INTRODUCTION

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- Approximately 8,000 people drown each year.
- Most people drown within 10-30 feet of safety.

# SWIMMING

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- Never rely on toys to stay afloat.
- Don't take chances - know limitations.
- Swim only in designated areas.
- Never swim alone.
- Never dive into unknown waters.

# SWIMMING

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- Watch your children at all times.
- Obey all rules and posted signs.
- Monitor weather conditions.
- No drugs or alcohol.
- Learn to swim.
- Sun protection.



# PERSONAL FLOTATION DEVICES

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- Personal Flotation Devices:
  - Class I
  - Class II
  - Class III
- Quantity and “type” required.

# PERSONAL FLOATATION DEVICES

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- Use PFD's properly:
  - Correct size?
  - Worn properly?

# BOATING SAFETY

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- Major causes of drowning are:
  - Not wearing a life jacket.
  - Abuse of alcohol.
  - Insufficient swimming skills.
  - Hypothermia.



# BOATING SAFETY

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- Before getting underway:
  - Take a safe boating course.
  - Monitor the weather conditions.
  - File a float plan.
  - Required safety equipment.

# BOATING SAFETY

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- Know the waterway.
- Follow navigation rules.
- Be a safe boater.
- Alcohol and boating don't mix.

# SAFETY PRECAUTIONS

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- Learn CPR.
- Empty containers or kiddie pools.
- Enter water feet first.
- Do not chew gum or eat while swimming.
- Introduce kids to water early.
- Drink plenty of water.
- Know how to respond to emergencies.
- Never leave a child unobserved around water.

# SAFETY PRECAUTIONS

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- Stay in designated areas.
- Coast Guard approved PFD.
- Weather conditions (lightening).
- Do not ski at night.
- Use hand signals.
- Avoid hypothermia.
- Protect your skin (SPF-15).
- Learn to swim and obey the safety rules.



# SUMMARY

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- SWIMMING
- PERSONAL FLOTATION DEVICE
- BOATING SAFETY
- SAFETY PRECAUTIONS



# QUESTIONS???

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